



CHG Solution

A preoperative shower with a 4% CHG product accomplishes 2 objectives: it works quickly to remove dirt, oil, and germs and it prevents germ regrowth. The 4% CHG is effective against most bacteria and viruses. (*Do not use if you are allergic to Chlorhexidine; use an antibacterial soap instead.*)

Preoperative shower instructions

- The night before surgery, shower or bathe with ½ bottle of CHG product. Apply to clean wet washcloth and lather ENTIRE BODY from neck down paying extra attention to your surgical area
- Allow soap to remain in contact with skin for at least 60 seconds before rinsing
- After the CHG shower or bath, rinse thoroughly; use a fresh, clean towel to dry; and put on clean clothing or sleep in clean sheets
- Morning of surgery: repeat the same procedure as the evening before using the last ½ of the bottle
- Do not use CHG preparation near your eyes, ears, private area, or internally to avoid irritation or possible permanent injury

For hand or wrist surgery

- Keep nails short and natural
- Remove polish/artificial nail surfaces and clean under nails on surgery hand

For foot or ankle surgery

- Remove polish/artificial nail surfaces and clean under nails on surgery foot
- Scrub well between toes with wash cloth

Other general information

- Do not shave or use hair removal cream on the surgical site
- Use ½ bottle for each shower
- Do not use lotions, creams or powders, or any alcohol-based hair products
- Remove make-up
- Remove all jewelry, including body jewelry (body piercings)
- Inform your doctor and POSC if you have any symptoms of an infection

***NOTE: "HIBICLENS" is available from your local pharmacy, surgeon's office or from Pend Oreille Surgery Center. Please contact us with any questions: 208 265-8194**